



Mohs and Excision Wound Care Instructions

1. Keep initial dressing dry and do not remove until the next morning.
2. The next morning, change the dressing daily for the next 5 days using the following steps:
 - a. Wash hands thoroughly
 - b. Remove existing bandage
 - c. Wash area gently to remove any crusting along the suture line with a gauze or Q-tip with half strength hydrogen peroxide (equal parts water and hydrogen peroxide) or while in the shower or bath using a mild soap and water. It is OK to get the area wet.
 - d. Dab and dry with gauze.
 - e. Apply a SMALL amount of antibiotic ointment in the morning only.
 - f. Cover with a gauze, telfa pad or Band-Aid
 - g. It is not necessary to cover the wound if you are staying indoors. A dressing must be applied if you are outside.
 - h. Repeat these steps twice a day for 5 DAYS.
 - i. AFTER 5 days, wash twice a day with soap and water or peroxide, STOP ointment at this time.
3. On the first day only, to reduce swelling and bruising, place an ice pack on the top of the bandage for 15 minutes on, then 15 minutes off. Repeat for a few hours.
4. Avoid lifting, bending, strenuous exercise, golf, tennis, swimming, etc. for at least 5 days
5. If bleeding starts, keep continuous pressure on the area for 20 minutes without letting go. If bleeding continues, repeat the process again. If it still persists please call the office at 910-640-0899.
6. For pain, take Tylenol (Acetaminophen) or Advil (Ibuprofen) for any discomfort.
7. No Alcohol for 24 hours after surgery.
8. AVOID SMOKING for 7-10 days after surgery as smoking may interfere with wound healing and the area may not heal well.
9. If your surgery site becomes red, warm, painful, or begins to drain, contact us.
10. For Skin Grafts ONLY, DO NOT REMOVE the bolster (yellow gauze) dressing which is sutured to the skin. Gently clean the edges of the bolster dressing with hydrogen peroxide and Q-tip then place the antibiotic ointment along the edges. You may cover the bolster with a Band-Aid. DO NOT get the graft wet for 5 days.

*****If you have further questions or concerns, please call us at 910-640-0899*****